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# How Not To Look OLD - 230 Tips And Tricks How To Look Younger For Ladies 40+



## Synopsis

This eBook is a short guide for middle-aged women on how to look younger. The steps will guide you through looking 15 years younger in 15 days. I followed these steps and wanted to help other people accomplish the same goal. I did not simply follow old wives tales and unconfirmed tips. All of my steps are researched and this eBook contains scientific and proven information. I tried to make sure everything in here was doable. Many of the steps are fun and easy to do. I hope you enjoy and find use of my eBook!

## Book Information

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## Customer Reviews

This book is a waste of time and money (even \$3). The "tips" are nothing a person with common sense couldn't figure out, and some of the ideas are just silly (take piano lessons to improve your posture??). The writing style would be impressive only if the book was written by a 12-year-old. On the other hand, there are amusing moments: how to deal with "veracious veins," why not to wear short shirts that expose your "mid drift," why it's bad to diet by cutting out all "deserts," how to help your skin build "collegian." (I gave up counting the grammatical and syntactical errors and the

typos.) Oh well, in today's publishing environment, anything goes.

Helena Rubinstein said, "There are no ugly women, only lazy ones." I truly believe every woman is beautiful. And, without a doubt, every woman wants to look young and pretty. However, the fact is once you have passed a certain age, natural beauty doesn't seem to be enough. "15 years younger in 15 days" does sound like a dream come true, doesn't it? This book gives you tips from head to toe and inside & outside that will make you look younger. They are easy to follow and effective. Highly recommended to the woman who wants to look young and fabulous.

I found the recommendations in Angela's book very realistic especially for someone like myself because I still like to wear glitter! Since I am a bit old to look cute I will be turning in my glitter and sweatpants for linen and silk. The new me will be elegant Thank you very much

Most of these tips, whether good or bad, have been available for years in women's magazines. You can also find them on the Web for free. The rest are common sense (wash your face at night) or else common advice (gray hair is aging). That said, many style tips are outdated (the author claims certain things are out of style - - not true, the book was written in the 2000s, check the text). The nutritional advice is simplistic - - again, there is better and more accurate information online. The book isn't even well written or fun to read. My advice is to keep looking. Sorry I spent the money, even if it was only 3 dollars.

Some interesting thoughts but mostly silly. Someone should have proofread this. Too many typos. I am 66 years old. I've had two operations this year. As a makeup artist I know how to make myself look better with makeup. I was hoping to learn other tricks I.e. home facials, etc. I guess I already know what I am looking for...

I really loved Angela's book. It inspired me in many ways & I plan on carrying through all the 15 steps. Angela's writing style is so comforting! THANKS FOR WRITING THIS BOOK! I will definitely read more books by this author!

It's not a bad book, it's just that there's no big secrets being revealed or nothing new to learn about. What the author writes is all common sense and could probably be figured out on its own. It wasn't a bad Lending Library choice, but I don't think I'd purchase it.

Some of the ideas are obvious, but a reminder of certain things to avoid is a good idea nevertheless. It was easy to read and while concentrating on style as we age it didn't make the reader feel that she must look like a teenager.

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